

HIV & AIDS

HOW TO ORGANIZE SUPPORT GROUPS



SOTHO

SEHLOPHA SA TS'EHETSO KE:

Banna le basali ba boithatelo bo botle ba arolelanang ka maiphihlelo, matla le ts'epo ka sepheo sa ho rarolla mathata a ba tobileng le ho thusa bahai ba bang ka kerekeng le kantle ho eona j.k. metsofe, ba nang le mafu a sa foleng, ba nang le mofets'e, bacha ba bakhachane, ba HIV/AIDS, ba hlokanng mesebetsi esita le boemong bo bong fela.



MOTHATI OA 1

Khetha sehlopha sa litho tse ts'epahalang o hlophise linako tsa thapelo le boithuto. Sehlopha ka seng se be le batho ba 6 ho ea ho 12.



MOTHATI OA 2.

Bonts'a ts'ehetso le lits'ebeletso tse hlokahalang ka kerekeng le sebakeng seo u leng ho sona. (Sebelisa tataiso e lethathamong la AAIM la koetliso).



MOTHATI OA 3.

Thusa hore sechaba se utloisise liqholotso tse se tobileng tse kang HIV/AIDS e se ts'oarang, e lithong tsa kereke, haholo bacha.

MOTHATI OA 4

Lumella, u kothaletse ts'ebetso-'moho le kutloano lipakeng tsa litho tsa kereke. Ts'oara lithupelo tse koetlisetsang litho ho thusa sechabeng. Mokoetlisuo a ka mong a eo koetlisa batho ba 10.



HOPOLA: tiisa haholo mokhoa oo Morena Jesu a neng a u sebelisa ho bakuli.

AAIM –
(Adventist AIDS International Ministry)
www.aidsministry.com

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A SERVICE FOR THE COMMUNITY FROM THE SEVENTH-DAY ADVENTIST CHURCH

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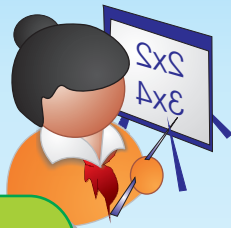
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MOTHATI OA 2

Eba le maano

- Khetha batho ho latela makhabane a bona, boikhetlo le lineo tsa bona.
- Hlopha ts'ebetso ea sehlopha



MOTHATI OA 1

Bokhoni ba ts'ebetso

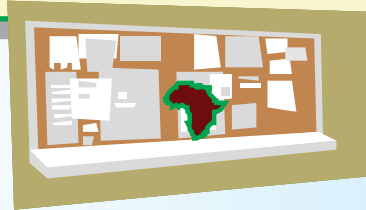
- Ba bakae batho ba ka etsang sehlopha?
- Thepa ea ts'ebetso e kae?



MOTHATI OA 3

Tseba lithoko tsa kereke le sechaba

- Lebitso la sebaka le bahai ba sona
- Limelo
- Lilemo tsa bona, botona kapa bots'ehali, j.j
- .PLWHA kapa maemo a mang.



MOTHATI OA 4

Hlopha sebaka

- Seo lihlopha li tla qala ka sona
- Moo likolo, liofisi tsa sechaba le libaka tse ling tse sebelisoang ke sechaba li leng teng.



MOTHATI OA 5

Etsa lenane la litsi tsa moo batho ba ka fetisetsoang

- Bonts'a litsi tsa bohlokoa sechabeng sa moo, j.k. Lipetlele, VCTs, litsi tsa tlhabollo le tse ling.



MOTHATI OA 6

Phethahatso le tlhahlobo ea ts'ebetso

Ts'ebetso le ts'ebetso ea ba bohloking Lingoliloeng, lipalo-palo, lits'oants'o, lipale. Litlaleho tsa khoeli ka ngoe le tsa khoeli-tharo.



MOTHATI OA 7

Likamano le sechaba

- Likhothaletso, lipampiri tse fanoang, se etsoang ke kereke, mekhoha ea ho kenya chelete, khokahano le bapatlalatsi, j.j.

HOPOLA: Joaleka Bakresete re na le thomo e tsoang ho Molimo ka ts'ebeletso e lokelang ho etsetsoa sechaba.